

# DON'T GIVE UP *Chocolate* FOR LENT



Instead, discover simple ways to transform your life in forty days. Join our parish for BEST LENT EVER, a free email program from Dynamic Catholic that is designed to help you have a life-changing Lent. Each day, you'll receive a short inspirational video that will help you . . .

- Find areas for growth
- Build better habits
- Spark lasting change

SIGN UP AT **[DynamicCatholic.com/BestLent](https://DynamicCatholic.com/BestLent)**



**Dynamic Catholic**