

BEST LENT EVER®

DON'T GIVE UP *Chocolate* FOR LENT

**Instead, discover simple ways to
transform your life in forty days.**

Join our parish for BEST LENT EVER, a free email program designed to help you have a life-changing Lent. Each day, you'll receive a short inspirational video that will help you . . .



**FIND AREAS
FOR GROWTH**



**BUILD BETTER
HABITS**



**SPARK LASTING
CHANGE**

Are you ready to have your best Lent ever?

Sign up at DynamicCatholic.com/Lent19



Dynamic Catholic